

6th Annual **Spring** into
Wellness

May 2, 2015

8 a.m. - 3 p.m.

Centennial Olympic Park

5K Walk/Run



Fulton County Employees and Retirees are invited to the 6th annual Fulton County Wellness Day.

Bring the whole family to enjoy a day of health and wellness activities and information!

Celebrate the 5th Anniversary of Michelle Obama's "Let's Move" Campaign

Kid's Zone: Rock Climbing, Obstacle Courses, Family Fitness Challenge

Food: Delicious... Vegan Food, Vegetarian Food, Fresh Farm Raised Burgers

Health Screenings for Men, Women & Children

Farmer's Market: Fresh fruits and vegetables

MC: Fitness Celebrity Lee Haney, 8 x Winner Mr. Olympia

Spa Tent: Relax & Exhale

Prizes & Giveaways

And much more!

Visit <http://conta.cc/1NuphZc> to RSVP Today!

Attendees are encouraged to carpool or take MARTA.

Free Shuttle service will be available from the Fulton County Juvenile Court, the Government Center and the Alderidge Health Center starting at 10:00 a.m.

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